

January 2024



*Part of the Mohawk Trail
Regional School System.*

Breakfast served
everyday.
Salad Bar Option
Available

**Jennifer Shaw
Cafe Manager
Jess Torrey
Café Assistant**

Apply for free/reduced
priced meals at any time.

Phone: 413-625-2521
Fax: 413-625-2034

Although we strive to
provide exactly what is
on our printed menus
they are subject to
change due to
supply shortages or
other unforeseeable
events. Thank you for
your
Understanding

The USDA and this
institution are equal
opportunity providers
and
employers

1	No School	2 Spaghetti W/ Meat Sauce WG Roll Mixed Vegetables Fruit Milk <i>No Salad Bar</i>	3 Turkey Sandwich Cheese, Lettuce & Tomato Three Bean Salad Fruit Milk	4 Cheese Pizza Broccoli Fruit Milk	5 Hot Dogs WG Bun Baked Beans Carrot and Celery Fruit Milk
8 Warm Ham & Cheese On Croissant Baked Chips Carrots & Celery Fruit Milk	9 Chicken Parmesan WG Pasta Peas Fruit Milk	10 Chicken Nuggets WG Roll Fries Carrots Fruit <i>Release 1:50</i>		11 Hamburger Cheese, Lettuce & Tomato Fries Fruit Milk	12 Grilled Cheese Sandwich Tomato Soup Carrots & Celery Hummus Fruit Milk
15 No School Martin Luther King Day	16 Cheese Ravioli WG Roll Broccoli Fruit Milk	17 Ham & Cheese Sandwich Lettuce & Tomato Three Bean Salad Fruit Milk	18 Nachos WG Chips Cheese, Lettuce & Tomato Refried Beans Fruit Milk	19 Turkey Gravy WG Roll Mashed Potato Green Beans Fruit Milk	
22 Breadsticks Marinara Sauce Broccoli Fruit Milk	23 Soft Taco WG Tortilla Cheese, Lettuce & Tomato Refried Beans Fruit Milk	24 Turkey Sandwich Baked Chips Three Bean Salad Fruit Milk <i>Release 1:50</i>	25 Mac N Cheese WG Roll Green Beans Fruit Milk	26 Meatball Sub Baked Chips Carrots & Celery Fruit Milk	
29 Chicken Patty Sandwich Fries Carrots & Celery Fruit Milk	30 Pulled Pork Sandwich Baked Chips Carrots & Celery Hummus Fruit Milk	31 Baked Potato WG Roll Chili & Cheese Broccoli Fruit Milk			

